

Growing with Assets

HELP ME LEARN AND GROW!

48"

As one of St. Louis Park's youngest residents, help me add skills along with inches. Children First calls these "Developmental Assets." Below are some ideas to get us started.

Support me.

Love me! Care for my physical needs. Nurture me. Practice patience. As I get older let me try to do things for myself. I need lots of people in my life so introduce me to your friends and family. Help me learn their names. Give me positive attention. Get parenting tips at an Early Childhood Family Education (ECFE) class. Have regular adult outings, so you come home refreshed to be with me. Surprise me. Show that you adore me.

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z



Cherish me.

Ask me questions. Talk to me, even if I don't speak yet. Be present: put your phone down. Let me help you, because I love to do what you do. Take photos of me, but remember to live in the moment. Display my art. Celebrate when I do something new. Smile at me. Hold my hand when we walk. Hug me. Show and tell me how special I am to you.



Keep me safe.

Inspect our house for safety— look high, look low, what do I see? Childproof our home environment. Have consistent rules for me. Take me on errands with you and guide me on how to behave. Let's check out the trucks at the Fire Department Open House (June). Go to National Night Out (August). Buckle up. Check and make sure I'm in the right size car seat. Get me a trike and a bike helmet.



36"

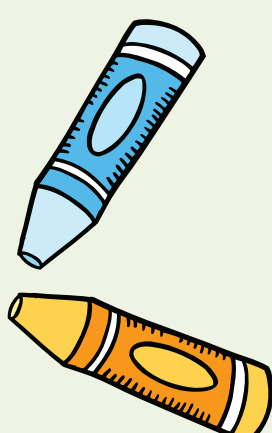
Let's play.

Let's sing, paint, water the flowers, play drums on pans with wooden spoons. Go to the St. Louis Park Splash Pad or neighborhood park where I can make friends. Enjoy the Children First Ice Cream Social (May). Draw pictures with chalk for our neighbors on the sidewalk. Visit the neighbor's dog. I love to play with all children. Dance with me at the free summer concerts at Wolfe Park.



I'm learning.

I love a bath – I can scoop, pour and get clean. Let me explore at Westwood Hills Nature Center. Read to me, even if I can't talk yet. Give me chores. It makes me feel proud and valued. Hold things up and say what they are so I learn more words. Learn about what kids my age do. Check out library books so I learn about all cultures. Let's learn to say hello in several languages. Sign me up for a class so I learn something new: swimming, dance, karate.



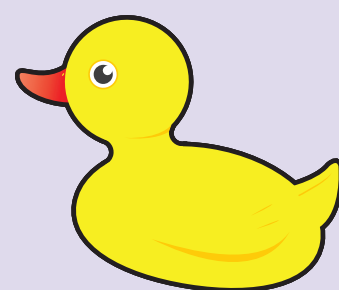
Teach me values.

Model when to say please, thank you and sorry. Set up opportunities to be with other children so I learn about sharing, laughter and playing. Take me to religious services, even if I squirm. Teach me how to give to others. Encourage the things I do. Show me a variety of emotions: happy, sad, and frustrated. Catch me being good.



A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

24"



Build my skills.

Pay attention to me when I'm talking. Be calm and comforting after my temper outbreak. Let me make meaningful choices. Have routines and expectations for me. Be consistent with my rules. Offer lots of choices. Give meaningful praise by applauding. Teach me math: I like to count. Teach me to count in many languages. Teach me science – let's talk about how trees change with the season.

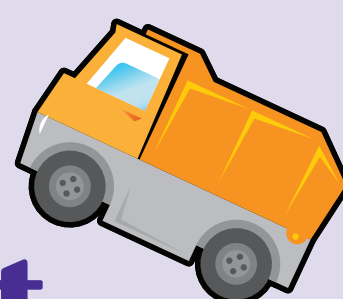


Help me grow.

If I help you prepare healthy snacks, I just might surprise you with what I eat. Keep me moving, I have lots of energy. Grandparents, aunts, uncles, cousins – include me in my family. If our family lives far away, help me connect with other caring adults. Let's celebrate important milestones, holidays and our family. Praise me. Surprise me. Show that you adore me.

Children First
Your kids. My kids. Our kids.

www.children-first.org



Place chart 12 inches up from floor.

Children First is a St. Louis Park non-profit bringing the community together to support youth based on the 40 Developmental Assets. www.children-first.org This chart is adapted from Search Institute's 40 Developmental Assets for Infants and Early Childhood. Tips provided by Asset Champions from St. Louis Park Early Childhood Family Education and Early Learning Preschool. Printed by Japs-Olson Company.

12"